

Sequence:

Intro - **A B C - A B D - A B Cmod** - Ending

03.11.18

**Intro** - *Bfly Wall , Id ft free*

(Wait 2) ;; basic ;;

**A** - (Bfly) 1/2 basic to op/LOD ; wk 3 ; circle in 6 to Bfly ;;  
cuca -twice ;; 1/2 basic ; uarm trn ;

**B** - (Bfly) hnd to hnd -twice ;; basic ;;  
NYer -twice ;; fenceline to op/LOD ; wk 3 ;

**C** - (OP/LOD) slid door -twice ;; circ in 6 to Bfly ;;  
basic ;; cuca -twice ;;

**A** - (Bfly) 1/2 basic to op/LOD ; wk 3 ; circle in 6 to Bfly ;;  
cuca -twice ;; 1/2 basic ; uarm trn ;

**B** - (Bfly) hnd to hnd -twice ;; basic ;;  
NYer -twice ;; fenceline to op/LOD ; wk 3 ;

**D** - (Bfly) circle in 6 to Bfly ;; shldr to shldr -twice ;;  
hnd to hnd -twice ;; fence line -twice ;; basic ;;

**A** - (Bfly) 1/2 basic to op/LOD ; wk 3 ; circle in 6 to Bfly ;;  
cuca -twice ;; 1/2 basic ; uarm trn ;

**B** - (Bfly) hnd to hnd -twice ;; basic ;;  
NYer -twice ;; fenceline to op/LOD ; wk 3 ;

**Cmod** - (OP/LOD) slid door -twice ;; circ in 6 to Bfly ;;  
1/2 basic ; uarm tr ; hnd to hnd -twice ;; op/LOD

**End** - (Bfly) circ in 6 to Bfly ;; 1/2 basic ; underarm trn ; stp apt & pt ;

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